

# NEW HAMPSHIRE'S E-BIKE LAW



## NEW HAMPSHIRE'S E-BIKE LAW FOR THE ROAD

- » E-bikes are regulated like bicycles. The same rules of the road apply to both e-bikes and human-powered bicycles.
- » E-bikes are not subject to the registration, licensing or insurance requirements that apply to motor vehicles.
- » New Hampshire designates three classes of e-bikes:
  - Class 1: Bicycle equipped with a motor that provides assistance only when the rider is pedaling, and that ceases to provide assistance when the e-bike reaches 20 mph.
  - Class 2: Bicycle equipped with a throttle-actuated motor, and that ceases to provide assistance when the e-bike reaches 20 mph.
  - Class 3: Bicycle equipped with a motor that provides assistance only when the rider is pedaling, and that ceases to provide assistance when the e-bike reaches 28 mph.
- » A Class 1 or Class 2 e-bike may be ridden on bicycle or multi-use paths where bicycles are permitted. Class 3 e-bikes are only allowed on the roadway, unless otherwise allowed by the local authority.
- » You must be 16 years or older to ride a Class 3 e-bike, unless the e-bike is designed to accommodate passengers.
- » Helmets are required for riders or passengers of Class 3 e-bikes under the age of 18.
- » A city, town or state agency that has jurisdiction can restrict where e-bikes are allowed. When in doubt, check for local rules and regulations.

\* The following New Hampshire laws are referenced: N.H. Rev. Stat. §259:6, 259:27, 265:144-a.

## eMTB GUIDELINES

- » On federal, state, county and local trails, e-mountain bike (eMTB) access varies significantly.
- » Generally, any natural surface trail that is designated as open to both motorized and non-motorized uses is also open to eMTBs.
- » eMTBs may not be allowed on trails managed for non-motorized activities.
- » Do not ride your eMTB in areas where the local rules are unclear. Ride legally and only on authorized trails to show that mountain bikers are responsible trail users.
- » When in doubt, ask your local land manager about access to specific trails. Local land rules change frequently.

## NEW HAMPSHIRE'S E-BIKE LAW FOR TRAILS

- » LOCAL: Consult your local land management agency.
- » STATE: The New Hampshire Bureau of Trails does not have a law or policy specifically addressing e-bikes. In general, though, e-bikes are defined as motorized vehicles. Contact the department for the most up to date information. PeopleForBikes is monitoring this policy and will update this document as needed.
- » FEDERAL: The majority of public lands managed for recreation in New Hampshire are under the jurisdiction of the U.S. Forest Service, where eMTBs are considered motorized vehicles and have access to motorized trails. Contact the U.S. Forest Service Eastern Regional Office for more information.

## CHECK OUT

- » A map of great eMTB rides at [peopleforbikes.org/emtb](http://peopleforbikes.org/emtb)
- » eMTB "Adventures" at [peopleforbikes.org/e-bikes](http://peopleforbikes.org/e-bikes)

## GREAT eMTB RIDES IN NEW HAMPSHIRE

- » **Rockingham Recreational Rail Trail**  
Manchester | 28 miles
- » **Sawyer River Road Area**  
Bartlett Village | 30 miles
- » **Green Woodlands Foundation**  
Dorchester | over 50 miles

## With an e-bike, bicyclists can ride more often, farther, and for more trips.

Electric bicycles are designed to be as safe as traditional bicycles, do not compromise consumer safety, and benefit bicyclists who may be discouraged from riding a traditional bicycle due to limited physical fitness, age, disability or convenience.

In many states, e-bikes are regulated under antiquated laws primarily aimed at combustion engine vehicles such as mopeds or scooters. PeopleForBikes and the Bicycle Product Suppliers Association are clarifying state laws governing the use of e-bikes in the U.S. Every state's law is different, but the objective is to ensure that low-speed e-bikes are regulated similarly to traditional, human-powered bicycles.



## Learn more at [PeopleForBikes.org/e-bikes](http://PeopleForBikes.org/e-bikes)

- » Blogs and webinars
- » Buying guide
- » E-bike laws around the country
- » Retailer materials
- » E-bike statistics and research
- » eMTB management resources

